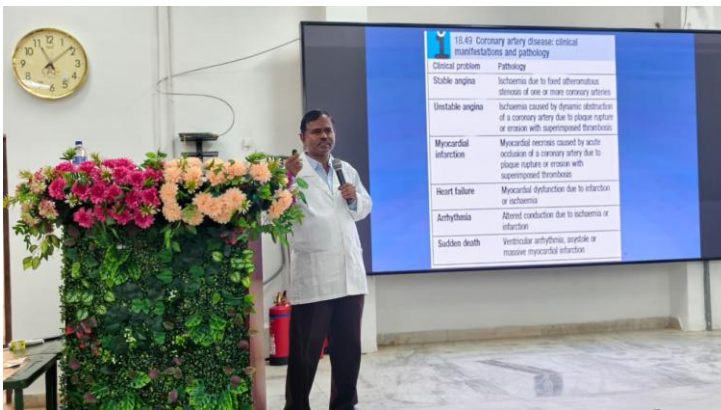


WORLD HEART DAY CELEBRATED IN GTMCH
ON 29TH SEPTEMBER 2026 BY DEPARTMENT OF CARDIOLOGY,
DEPARTMENT OF EMERGENCY MEDICINE AND
DEPARTMENT OF COMMUNITY MEDICINE







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Under the guidance of the Dean, Dr. M. Rohini Devi, M.S., World Heart Day was celebrated at Government Theni Medical College and Hospital (GTMCH) on 29th September 2026. The programme was jointly organised by the Departments of Cardiology, Emergency Medicine, and Community Medicine.

As part of the celebration, an awareness rally on heart health and prevention of cardiovascular diseases was organised. The rally commenced from the Administrative Block and was flagged off by the Vice Principal, Dr. D. Kavitha, M.D., in the presence of the Resident Medical Officer (RMO), Assistant Resident Medical Officers (ARMOs), and the Dean's Secretary (DS).

MBBS students, faculty members and students of the College of Nursing, GTMCH, including Mrs. Palaniammal, and faculty members and students of NRT College actively participated in the rally. The rally was coordinated by the nodal person, Mrs. Umamaheshwari, College of Nursing, GTMCH, Theni.

During the rally, the students raised awareness slogans highlighting the importance of heart health, healthy lifestyles, and prevention of cardiovascular diseases. Faculty members and students also distributed educational pamphlets to healthcare beneficiaries, thereby creating awareness about cardiovascular disease prevention and the importance of adopting heart-healthy practices.

The rally concluded at the 250-seat Lecture Hall, marking the successful completion of the World Heart Day awareness programme.

The awareness rally was followed by a scientific session on “Approach to Chest Pain” held at the 250-seat Lecture Hall. The session was graced by Dr. D. Kavitha, Vice Principal; Dr. M. Venkatesh, Associate Professor of Medicine; Dr. M. Balasubramani, Professor and Head, Department of Emergency Medicine; Dr. R. Aravazhi, Cardiologist; and Dr. M. Thiruvenkadam, Associate Professor and Head, Department of Community Medicine.

The scientific session on “Approach to Chest Pain” was delivered by Dr. R. Aravazhi, Cardiologist, who provided an informative overview of the systematic approach to the evaluation and management of patients presenting with chest pain. The session highlighted the importance of early recognition, appropriate assessment, and timely management of potentially life-threatening cardiac conditions.

The programme concluded with a vote of thanks delivered by Dr. M. Balasubramani, Professor and Head, Department of Emergency Medicine. The World Heart Day programme was successfully conducted with the enthusiastic and active participation of faculty members and students, contributing to greater awareness of heart health and cardiovascular disease prevention.

Dr. M. Thiruvenkadam MD CM.,
Associate and Head,
Department of Community Medicine,
GTMCH, Theni.